

Practic

Nice

Supermarkets | Post Office | Wi-Fi

SUPERMARKETS

There are many small supermarkets dotted around and little shops which might be all that you need whilst you are here. A ten-minute exploration will be all that is needed to find one. Should you wish to do a larger shop then the main supermarkets are here:

Old Town

Monoprix is a large supermarket at Place Garibaldi (G4). It is open from 8am until 8:45pm Monday to Saturday. It opens on Sundays in July and August until 12 noon.

There is also an 8 til 8 shop which is fairly decent just off Place St-François.

Masséna

A large **Monoprix** can be found on Avenue Jean Médecin (C2). This open from 8am until 9pm Monday to Saturday.

Port

Carrefour Centre Commercial is a hyper-market on Boulevard Delfino (I-2). This opens 8am until 9pm Monday to Saturday.

THE POST OFFICE

La Poste is normally open between 9am–12 noon and then 2pm–7pm, but some can be closed at 5pm. If you are just sending a letter or postcard, look out for the **Affranchissement** self-service stamp machines. Here you can choose your language, weigh your letter and pay in coins. It's a great way to get rid of the smaller change in your purse or pocket!

The four main post offices can be found on:

1. **Rue Louis Gassin** (Just off Place du Palais in the Old Town)
2. At the top of **Quai Papacino** (at the far end of the Port)
3. **Rue de l'Hotel des Postes** (at the corner of Rue Foncet)
4. **Avenue Thiers** (near to the train station)

If you prefer you can buy stamps at a TABAC (tobacconist) or a PRESSE (news agent). You will need a timbre bleu for Europe. You need a timbre international for the US and Canada.

The **TABAC, PRESSE** or **post office** also sell call back cards through France Telecom. An international card will allow you to dial home from any phone at a normal rate.



Just wait for the dialing tone, enter the code on the pre-bought card and then the number you are calling. The cards offer cheaper rates after 7pm or on the weekend.

WI-FI HOT SPOTS

The Infonet Café

15 rue de la Préfecture, Nice (Old Town) (E5)
04.83.55.40.61

www.theinfonetcafe.com

enquiry@theinfonetcafe.com

Next door to Wayne's Bar, the very friendly Englishman Dave and his team run the Infonet Café. It is open 7 days a week. In winter it is open between 11am to 1pm & 4pm to 8pm and between 9am to 1pm & 4pm to 9pm in summer. They have 12 PC Internet terminals (English and French keyboards) and also offer printing, scanning, photocopying, and faxing, and Skype facilities. Our guests have also found this cute little hub a great place to pick up tourist information from city maps, guides and just general knowledge from the staff. They also serve drinks and snacks.

The Café also works with reliable companies offering day trips and activities and if you are interested in these things you can book here.

TAXIS & AIRPORT TRANSFERS

Friend in France

06.99.16.22.33

www.friend-in-france.com

friend-in-france@hotmail.co.uk

We work with Friend in France who offer a very reliable taxi service and airport transfers. Should you wish to arrange a taxi please call us, or feel free to contact them directly. Friend in France also runs tours and activities across the French Riviera (see page 4).

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Antibes

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SUPERMARKETS

There is certainly no shortage of supermarkets in Antibes. There are three reasonably large supermarkets in the Old Town itself. Here are three main ones:

Shopi on Rue de la République
(Monday-Saturday 7am-7pm)

Champion on Avenue Pasteur
(Monday – Saturday 7:30am-7:30pm)

Intermarché on Boulevard Albert 1er
(8:30am–7:30pm and Sunday until 1pm)

If you are in need of some home comforts, head to **Geoffrey's of London** at the end of Rue Lacan by the Port. (Monday- Saturday 9am-7:30pm)

The nearest hyper-market branch of **Carrefour** and shopping mall is just outside of Antibes, in Sophia Antipolis on Chemin de St-Claude. It is accessible by bus. It is open Monday to Friday 8:45am–10pm, Saturday 8:45am–8pm and is closed on Sundays.

THE POST OFFICE

The main post office is situated in the Old Antibes at **2 Avenue Paul Doumer**.

Open 8:30am to 6:30pm, Saturday 8:30am-12pm and closed on Sundays.

There is a smaller post office at **5 Avenue Robert Soleau**.

WI-FI HOT SPOTS

There are several spots you can head to if you need to use office facilities or check emails, especially if you want to enjoy a drink or snack at the same time. With the large yachting harbour, Antibes has the biggest ex-pat community on the Riviera so there are many Wi-Fi spots catering for the traveller and working ex-pat community. Here are a few of the best.

Café Copenhagen • 8 Rue Thuret • 04.93.95.14.70

This up market café in Old Town Antibes serves all manner of good quality snacks including bagels, nachos, smoothies and even Italian ice cream. Wi-Fi is free for its customers.

Work St@tion Cyber Café • 1 Avenue St-Roch • 04.92.90.49.39

If you haven't brought a laptop and need full Internet facilities, then this café offers computer workstations with English and French keyboards, telephone booths, fax machines and photocopying facilities. It is open Mon-Sat 9am – 8pm and Sunday 10am – 6pm.

Cannes

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SUPERMARKETS

There are only a few supermarkets in the centre of Cannes, the closest being the **Shopi** at 41 Bd Alexandre III. However, you will come across several mini-markets throughout town, which can provide you with all the basics. You can also shop the old-fashioned way, visiting different shops for different products, as there are many speciality food shops in Cannes

Monoprix can be found at 9 Rue du Maréchal Foch. The food section is upstairs. Open Monday–Saturday 8:30am–8pm.

There is also the **Casino** supermarket at 54 Bd d'Alsace. Open Monday–Saturday 8:30am–8:30pm

THE POST OFFICE

In the centre there is a post office **19 Rue Hoche**, just behind the Rue d'Antibes. There is also one on **7 Rue de Liege**, just off Bd Carnot. The post office is usually open from 9am–6:45pm and Saturdays 9am-12pm. Closed on Sundays.

WI-FI HOT SPOTS

There are wireless hotspots all over Cannes, and many cafés provide free wireless Internet for their customers. Here are a few of the well-known cyber cafés.

Dre@m Cybercafé

6 Rue Commandant Vidal
04.93.38.26.79

20 computers are provided with high-speed Internet connection. Printing and scanning are available, as are web cams and headsets for using Skype. Open 7/7 10am-11pm. Closed from 8pm on Sundays.

Web Station

26 Rue Hoche
04.93.68.72.37

Internet connections are available at numerous computer posts. You can also print documents, send faxes and play online games against other players.

